



Ethnobotanical Study on Assessment of Indigenous Knowledge on Traditional Plant Medicine Use Among People of Wonchi District in Southwest Shewa Zone, Oromia National Regional State, Ethiopia

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Abstract

Incomplete coverage of the modern medical system, shortage of pharmaceuticals, and unaffordable prices of modern drugs, make the majority of Ethiopians still depend on traditional plant medicine. Therefore, this study is aimed to assess the current status of indigenous knowledge of traditional plant medicine used among communities of Wonchi District. Method: A total of 198 informants (27 key and 171 general) were selected purposively based on the availability of key informants and vegetation richness of the District. semi-structured interview, observation, and guided field walk with informants were data collection methods. Ethnobotanical scoring and ranking methods like informant consensus, paired-wise comparison, and preference ranking were used to analyze the collected data. The findings were displayed using tables and figures. Result: A total of 93 medicinal plant species were identified. Out of these, 50 species (53.76%) were noted to treat only human ailments, 3 (2.23%) species were used to treat livestock ailments and the rest 40 (43.01%) were used to treat both. Nearly two-thirds of the study participants have good knowledge about traditional plant medicine use. Most medicinal plants were reported by elders (94.62%) than younger age group, traditional medicinal plant healers almost know all (96.77%), regarding religion waqefata (60.21%) know than other religion. More medicinal plants were reported by males (86.02%) than females, while regarding educational status illiterate (61.29%) know and mention more Medicinal plants than literate. Therefore, all stakeholders should work together in changing the current situation in order to sustainably benefit from traditional plant medicine.

Keywords: Indigenous knowledge; Local people; Medicinal plants; Traditional medicine; Wonchi district.

1. Introduction

Ethno-botany studies the interaction between human and plants [1, 2]. Since earlier time the daily livelihood of human depends on plants [1]. The humans indigenous knowledge on plant use come into view from the time when human experienced how to use plants; they get several benefits to fulfill their basic needs like food, shelter, fire wood, drugs and other several uses [1, 3, 4].

In the indigenous community of most developing countries traditional medicine plays a vital role in addressing health care needs of rural people and urban poor' because modern medicine unable to meet the health care need of the community, so that the role of traditional medicine would not be diminished for the reason that it is culturally practicable and expected to remain reasonably priced [5, 6]. The knowledge of traditional medicine in most cases has been remained through oral sharing experience. The traditional medicinal plant related information is less likely to be distorted since it is retained by healers as secrets. Thus, it is not easily reached to the public [7, 8].

Due to the reason that the modern health care system unable to meet the health need of the community, majority of peoples of developing world including Ethiopian still depend on traditional plant medicine [9, 10]. Although there is a substantial global interest in using the accumulated knowledge of traditional plant medicine to the well fare of the human population, related studies were scanty. Getachew, *et al.* [11]. Thus, this study is aimed to assess the indigenous knowledge of medicinal plant use among local communities of Wonchi District, Western Ethiopia.

1.1. Statement of the Problem

Traditional medicine is an ancient form of health care practices since before appearance of scientific medicine. It has played and continues to have important role in providing curative services to very large number of people particularly in the rural areas of almost all countries of Africa. It is the custom of many people because of its accessibility even in most remote areas, particularly in the community where care is given at low cost to patients in their home [11].

In many parts of Ethiopia, considerable numbers of researches have been done on the knowledge of traditional plant medicine [12]. Like in other parts of country, in the current study area, the knowledge on medicinal plants use become lesser and lesser due to its secrecy, unwillingness of young generation to gain the knowledge, influence of modern education, religious and awareness factors, which all results in gradual disappearance of indigenous knowledge on medicinal plants (Researcher long term direct observation). But there was no scientific research that had been done on the indigenous knowledge of community on the use of traditional plant medicine in the study area. Therefore, this study is aimed to identify the traditional medicinal plant species and associated knowledge of the community about their use in the study area. The finding of this study will help various stakeholders to document information related to indigenous knowledge towards traditional medicinal plant use before their total loss. That in turn helps to maintain the overall traditional medicine activities for the future generation. In addition, the finding of this study provided base line information for further study in the area.

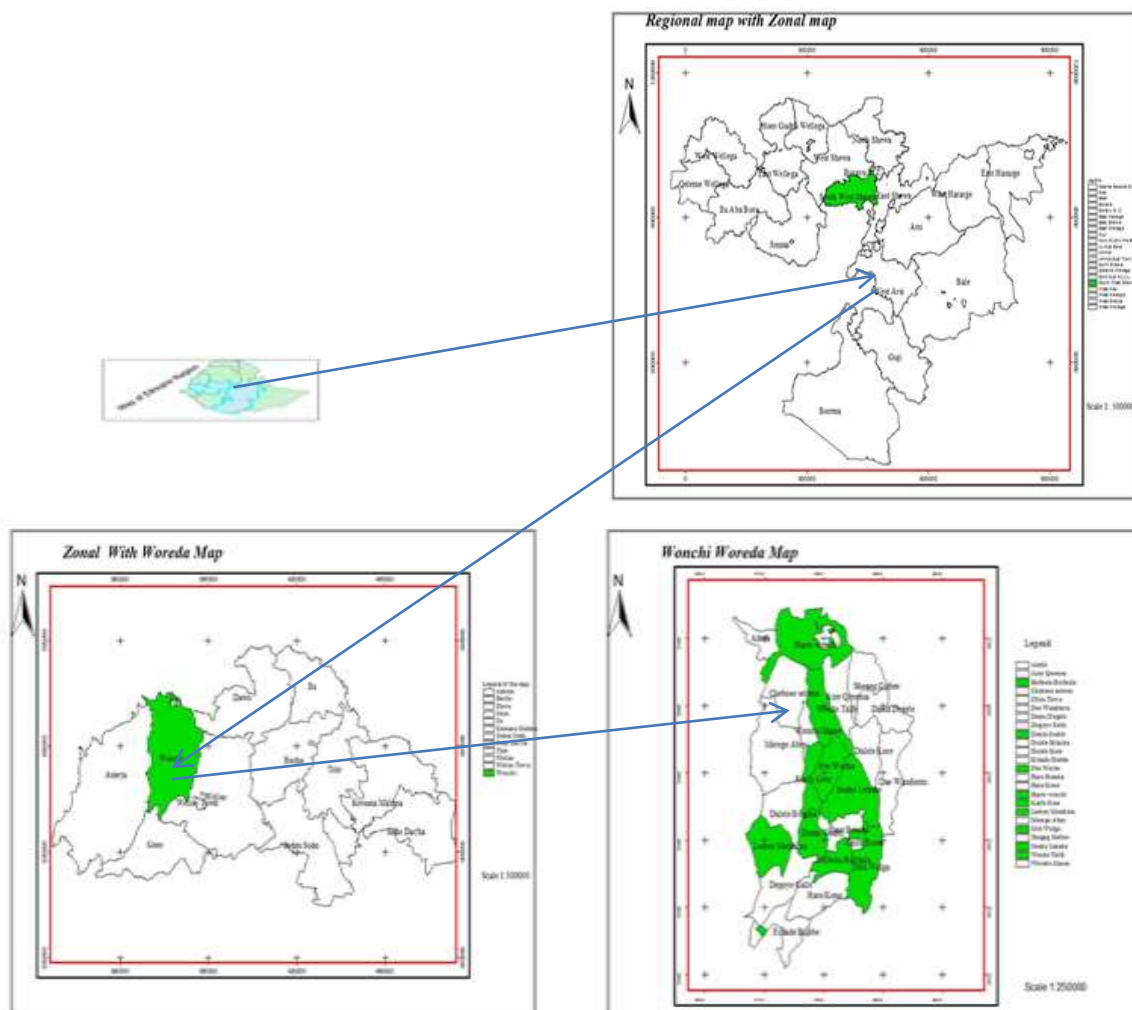
2. Materials and Method

2.1. Descriptions of the Study Area and Period

This study was conducted in February 20 to May 25, 2019. In wonchi district. Wonchi is one of the Districts in the Southwest Shoa Zone, Oromia Region, Ethiopia, which is located 124 km away from Addis Ababa with the area coverage of 460,516 hectare and the altitude range between 1798m to 2118m above sea level. The district has a population of 119, 736 with almost equal gender ratio of 49.8% male and 50.2% female. Regarding Orthodox constitute more than half (58.9%) followed by Protestants (39.6%) [13]. Ecologically the district is divided in to *dega/* high land/ (40%) and *woinadega* or mini land (60%). Due to variation in altitude and topographical features, the wonchi district vegetation shows three different zones, namely: Afro-montane forest, sub alpine and afro-alpine) vegetation [14, 15].

Regarding vegetation the common plant species of the study area include: *Achyranthes- aspera*, *Albizias-chimperiana*, *Alchemilla-pedata*, *Apodytesdimidiata*, *Bruceaantidysenterica*, *Dombeya-torrida*, *Embeliaschimperi*, *Erica -arborea*, *Festucagil-bertiana*, *Lobelia rhyncho-petalum*, *Hagenia-abyssinica*, *Hypericumrevolutum*, *Jasminumabyssinicum*, *Juniperusprocera*, *Kniphofiafoliosa*, *Lobelia giberroa*, *Maytenusar-butifolia*, *Millettia-ferruginea*, *Nuxiacongesta*, *Oleacapensis*, *Oleaeuropaea subsp. caspidata*, *Papaneasimensis*, *Pittosporumviridiflorum*, *Prunusafricana*, *Phytolacadodicandra*, *Salix subserrata*, *Scheffler-aabyssinica*, *Thymus-schimperi* and *Zehneri-ascabra* Vegetation. [Wonch District Health Office report \[16\]](#).

Figure-1. Map of the Study Area



2.2. Study Design

Field survey design was employed to collect information about the indigenous knowledge of traditional medicinal plant use of from local people in the study area. During the survey, both quantitative and qualitative data were collected.

2.3. Reconnaissance Surveys

Preliminary survey was conducted from February 20- 25, 2019. During the preliminary survey general information about the study area were gathered. Sampling technique, Kebeles to be selected, informants and study sites were determined bases on the information preliminary survey.

2.4. Study Site Selection

From a total 23 Kebeles in the District, nine study Kebeles were selected purposively based on availability of key informants following the recommendation of government officials, stakeholders, and religious leaders during reconnaissance survey. The sampled Kebeles are (Belbela, Dimtu, Fite, Harowanch, Kurfogute, Lemenmetahora, Mitiwelga, Sonkolekake, Waldotelfa).

2.5. Informant Selection

A total of 198 informants were selected. From these 27 were key informants (3 informants per Kebele) were selected purposively and 171 of them were general informants (19 per Kebele) were selected randomly (lottery method). Age range of informants selected for the study were from 20 to 80 who lived 5 year and above in the study area. The size of the sample depends on the available fund, time and other reasons and not necessarily depends on total population [17].

2.6. Data Collection Method

Semi-structured interview, observation and guided field walks with informants were employed [18]. Interview was based on a checklist of questions prepared before hand in English and translated to local languages (Afaan Oromo). Information regarding indigenous knowledge of medicinal plants use was recorded at the spot. Guided field observation was made to check the availability of the plant in the area, to know the habit and habitat of the plant. Focus group discussion was also made to get more information about medicinal plants use, the associated indigenous knowledge and reliability of the information collected during individual interview.

2.7. Data Analyses

Descriptive statistics was used to analyze the data. The results were summarized and displayed in narrative and tables/figures / by using frequency and percentage. The most useful information gathered about medicinal plants that was presented in descriptive statistics include name of the plant, methods of preparation, route of application, disease treated, and parts used and the habit of the plant.

In addition, ethnobotanical scoring and ranking methods were used to analyze medicinal plants in the area. From these, Paired-wise comparison was used to analyze the effectiveness of five medicinal plants used to treat malaria using six selected key informants. The number of pairs was calculated using the formula $n(n-1)/2$ [1]. Where, n, is number of medicinal plants to be analyzed.

Informant consensus was used to analyze ten most frequently mentioned traditional plants in the study area. Preference ranking was also used to analyze six medicinal plants claimed to treat hypertension.

2.8. Informant Consensus Factors (ICF)

This method is used when healers and other randomly used informants claim a particular MP to be used for some general disease categories. ICF is a good measure of assessing efficacy of MPs for categorical disease at least in the context of the indigenous people of the area, and it is a means to find out the most common disease of the study area in the context of their experience. In order to evaluate the reliability of information recorded during the interview, informants were contacted at least two times for the same ideas and the validity of the information was proved and recorded. Consequently, if the idea of the informant deviated from the original information, it was rejected since it was considered irrelevant information. As a result, only the relevant ones were taken into account and statistically analyzed [17].

2.9. Preference Ranking

In this study area a total of fourteen medicinal plants claimed to treat malaria. Preference ranking activities were carried out following Martin [1]. These were for the most preferred medicinal plants. Accordingly, twenty seven randomly selected key informants were asked to rank six medicinal plants which are used for treatment of wound, based on high frequency of disease reported by randomly selected informants, they were selected for the preference ranking exercise of six most important medicinal plants. The values given for this application ranged from six (for the highest important) to one (for least important). Finally, total score were identified and the rank of each species was stated by numeric values. These helped to indicate the most effective medicinal plants for wound.

2.10. Paired Comparison

It was applied to determine the most important plant species for stomach ache based on the information perceived by the informants. The number of pairs was calculated by the formula, $n(n-1)/2$, where n is the number of items. After identifying five plant species which have high use value to stomachache treatment by preference ranking, paired comparison was carried out after randomizing both sequences of the pairs and others with in each pair. The sequence of pairs was randomized by numbering the pairs from 1-10 in alphabetical order and pulling numbered slips out of that, while the order within each pair was done by flipping a coin. If the original order of the species was maintained for head, but the order was switch around for tails. Finally, the numbers were added for all respondents giving on over all scores which were ranked for the species [1].

2.11. Ethical Approval

Written ethical clearance was obtained from the Research and Ethical committee of the Department of Biology Gondar University. A formal letter was written to Wonci district health and agriculture office from department of Biology. On the basis of this, permission was obtained from the district health and agriculture office and each kebele administration to conduct the study. Written informed consent was sought and obtained from every participant who decided to take part in the study. They were assured about the confidentiality of their responses.

3. Results and Discussion

3.1. Socio-Demographic Characteristics of Respondent's

A total of 198 informants including 27 key informants were selected. Most (77.8%) of the respondents were males. Around half (51.5%) of respondent's age range was from 40-60. Majority (86.86%) of the participants was married. Almost all religious leader respondents were followers of Orthodox Christian. Regarding educational status from all respondents 20.7 % were illiterate. Number of farmers' respondents predominated (33.33%) other respondents while NGO workers are lower in number (5.05%) (Table1).

Table-1. Socio-demographic characteristics of respondents wonchi district 2019(n=198)

Variables	Response option	Frequency	Percentage (%)
Sex	Male	154	77.77
	Female	44	22.23
Age	20-40	14	7.07
	41-60	102	51.51
	61-80	82	41.41
Marital status	Single	12	6.06
	Married	171	86.86
	Windowed	15	7.57
Religion	Orthodox Christian	142	71.71
	Muslim	27	13.63
	Waqefata	25	12.62
	Others	4	2.02
Education	Illiterate	41	20.7
	Primary	67	33.8
	High school and above	90	45.5
Occupational status.	Farmers	66	33.33
	Merchants	25	12.62
	Government employee	36	18.18
	NGO worker	10	5.05
	Others	61	30.80

Table-2. Distribution of informant groups by number

Respondents	Male	Female	Total	Percentage (%)
Farmers	26	7	33	16.66
Merchants	16	9	25	12.62
Religious leaders	26	6	32	16.16
Health care workers	26	10	36	18.18
Traditional plant medicine users	46	8	54	27.27
Traditional plant medicine healers	14	4	18	9.10
Total	154	44	198	100

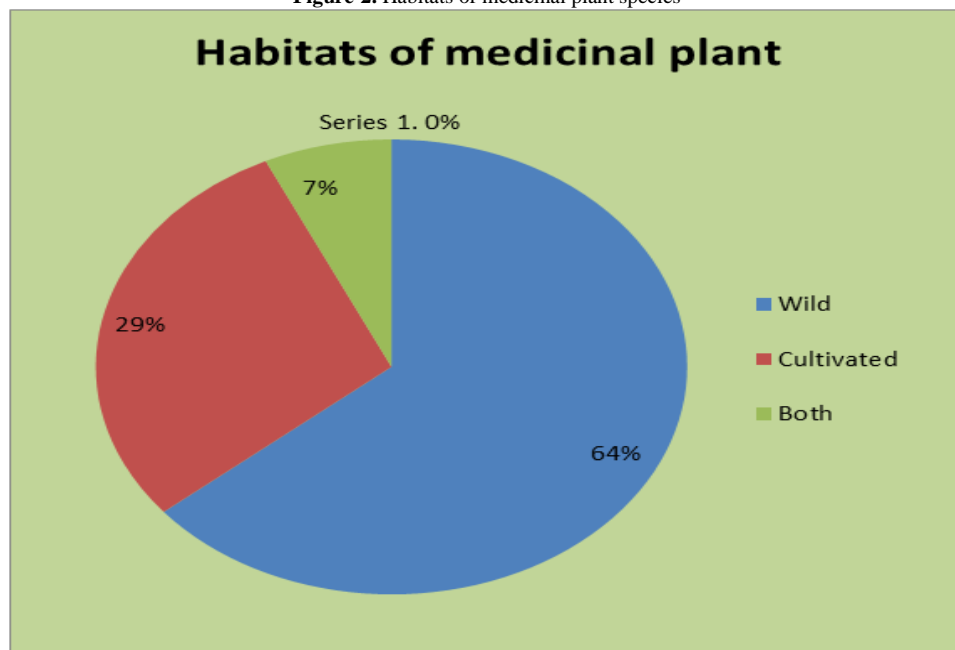
3.2. Medicinal Plant Composition and Habitats

A total of 93 medicinal plants belonging to 86 genera and 51 families were documented from the study area. Out of these, 50 species (53.76%) were noted to treat only human ailments while 3 species (2.23%) were used to treat livestock ailments and 40 species (43.01%) were used to treat both human and livestock ailments. In terms of species

composition, family Asteraceae was represented by a highest number of medicinal plants species (7 species) followed by Solanaceae (6 species), Lamiaceae and Euphorbiaceae (5 species each) (Appendix 1).

From the total of 93 medicinal plant species documented in the district, 60 species (64%) were collected from the wild/natural vegetation and this indicated that there is a significant harvesting pressure on the wild plant source of the study area. The remaining percent, constitute 6 species (7%) were collected both from cultivated and wild vegetation whereas 27 species (29%) were collected from cultivated fields (Figure 2). This is consistent with the findings of previous study that showed traditional medicinal plants were harvested mostly from wild vegetation followed by home gardens [18].

Figure-2. Habitats of medicinal plant species



3.3. Informant Consensus

Informant consensus analysis was performed on ten most frequently mentioned species and the result showed that *Citrus limon* had the highest informant agreement which is mentioned by 82 (41.41%) informants followed by *Acacia abyssinica* which is reported by 70(35.35%) informants. *Verbascumsinaticum* had got least informant agreement (25.25%) from the top ten species followed by *Vernoniahymenolepis* with 25.75% informant consensus (Table 3).

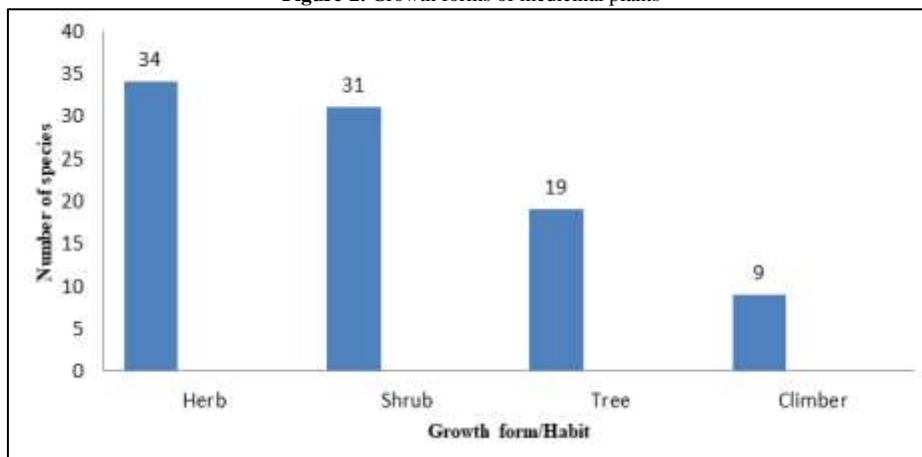
Table-3. Informant consensus for ten most frequently mentioned traditional plant medicines

Species name	No of reports	Percentage (%)	Rank
<i>Citrus limon</i>	82	41.41	1 st
<i>Acacia abyssinica</i>	70	35.35	2 nd
<i>Rumex nervos</i>	67	33.83	3 rd
<i>Achyranthesaspera</i>	65	32.82	4 th
<i>Daturastramonium</i>	58	29.29	5 th
<i>Bruceaantidysenterica</i>	57	28.78	6 th
<i>Calpurnia aerea</i>	55	27.77	7 th
<i>Kalanchoepetitiana</i>	53	26.76	8 th
<i>Vernoniahymenolepis</i>	51	25.75	9 th
<i>Verbascumsinaticum</i>	50	25.25	10 th

3.4. Medicinal Plant Parts Used and Habits

Out of the total 93 medicinal plants collected from the study area, 34 (36.56%) were herbs species followed by 31 (33.33%) shrubs species (Fig.3). This may be due to a high level of abundance of these habits in the study area compared to tree and climber species. Relatively high number of herbs and shrubs for the medicinal purpose has also been reported previous [19-22]. In contrast, the findings of some other studies revealed that shrubs were the most used ones [18, 23, 24].

The study showed that the widely used plant part for the preparation of the remedies in the study area were leaves (28, 40%) followed by roots (13, 18.57%) and seeds (9, 12.86%). Plant parts such as stem, bark, fruit, and bulb were also reported for the remedy preparations (Table 4).The findings of the study showed that many plant parts were used for the preparation of the remedies in the study area. This finding is similar to the results of other ethno-medicinal studies [19, 25, 26] who had reported that leaves were the most cited plant parts used in remedy preparations. But a study conducted in Konso special wereda revealed that roots were the most used plant parts [27].

Figure-2. Growth forms of medicinal plants**Table-4.** Knowledge of participant regarding Plant parts used in the preparation of the remedies

Plant parts used	The frequency of each uses	(%)
Leaf	28	40
Root	13	18.57
Seed	9	12.86
Root and leaf	7	10
Stem	6	8.57
Bark and fruit	4	5.71
Above ground, bulb, tuber, fruit, and seed	2	2.86
Flower, rhizome, latex, root bark and shoot	1 for each	1.43 for each
Total	70	100

3.5. Knowledge Difference Reported by Informants

Regarding age most (94.62%) of medicinal plants were reported by elders, while only 10.75% of them were reported by younger age groups (20-40 years). This might be due to elder's long year observation from medicinal plant practitioners and due to younger's unwillingness to share such traditional medicine related knowledge. Some previous studies also showed similar finding and justified the reason as healers holding traditional medicine related issue as secrete, modern education also affect younger's negatively in receiving knowledge from elders, rapid changing of culture to western also played its role [10, 19, 28-30]. Regarding occupation traditional plant medicine healers (key informants) are more knowledgeable than others, Almost all (96.77%) of TMP were reported by traditional healers followed by farmers (84.94%) while, few medicinal plants (21.50%) were reported by merchants (Table 5). This might be expected as medicinal plant healers are practitioners and their job depends on medicinal plants use and giving medicine for users, they had well-developed knowledge on plant species used to treats ailments ingredients and diluents used to prepare herbal medicine. However, it was also found that some of the key informants were not willing to report all the ingredients used to prepare particular herbal medicine. It was seen that the ingredient that could not be mentioned by one key informant was mentioned by another to prepare herbal medicine for the same ailments. Similarly farmer's daily life is around garden and forest area this may help them to know more medicinal plants. The other studies also indicate this truth [31].

Regarding religion of informant Waqefata reported more TMP (75.26%) followed by Islamic religion followers (60.21%). While, Christianity followers reported less TMP (37.63%) next to others religion followers (5.37%) (Table 4). This might be due to the fact that waqefata religion followers follow their religion around home garden, forest, river, ponds, and stream. More TMP (86.02%) were reported by males but, females reported less traditional medicinal plants (41.85%) (Table 5). This might show that males move from place to place for their day to day life activity while females daily activity is around home. Other studies conducted in Ethiopia demonstrated similar results [32].

More TMP (61.29%) were reported by illiterate while literate reported less (38.71%). This may confirms that modern education and exposure to modernization limits the knowledge on traditional medicine. Similar result were reported in different studies conducted in various areas in the world [10, 32].

Table-5. Number of Medicinal plants reported by informants

Based on age		Based on occupation		Based on sex			Based on religion	Based on educational status	
Age group	No of TMP (%)	Occupation (%)	No of TMP (%)	Sex	No of TMP (%)	Religion	No of TMP (%)	Educational Level	No of TMP (%)
20-40	10(10.75)	Farmers	79(84.94)	Male	80(86.02)	Christian	35(37.63)	Uneducated	57(61.29)
41-60	50(53.76)	Merchants	20(21.50)	Female	45(41.85)	Muslim	56(60.21)	Able to read and write	30(32.25)
61-80	88(94.62)	Religious leaders	47(50.53)			Waqefata	70(75.26)	12 complete	15(16.12)
		Healthcare worker	10(10.75)			Others	5(5.37%)	10 complete	9(9.67)
		Healers	90(96.77)					Diploma	10(10.75)
								Degree	13(13.97)

3.6. Indigenous Knowledge Transfer on Medicinal Plants Use

Most informants (60.60%) get knowledge about medicinal plant use from their parents; others (18.68%) from their friends and the rest (20.70%) get knowledge about TMP from other knowledgeable elders. The highest percentage (91.91%) of informants do not have written document about medicinal plant use practice, but few of them have written document (8.09%)(Table6).The knowledge sources on how to use herbal medicine, dosage and antidotes, especially traditional medicinal use, vary from person to person. The findings showed that the sources of ethnobotanical knowledge are basically the family members (father, mother, brother and sister) friends and neighbors. On the same note, most of the informants around Gimbi town (Western Ethiopia) acquired traditional knowledge on medicinal plants from their parents and/or close relatives [33].

The desire of the local people to transfer and share their knowledge vary from one place to another in this study area as most were interested to transfer their knowledge to all their children and others to the first son, brothers and sisters, or friends. On the other hand, most of the key informants from both districts were willing to share their knowledge on use of traditional medicinal plants to the first son while few to all their children. In general, traditional healers show maximum secrecy in handling medicinal plant knowledge and the tendency of the local people to transfer the traditional medicinal practices knowledge is mostly to a chosen close person.

Ethnobotanical knowledge of medicinal plants of the study area was shown to be transferred from the older people to younger generations at household level , This knowledge is not existent in written form, their losses or distortion at every transfer is inevitable. Similarly previous studies [33] showed that traditional healers believed traditional medicine is effective if done within a family or with close relatives. This might be attributed to healers non voluntariness to show their practice to other individuals so they kept secret their knowledge and transfer only to their nearest family. This could also be attributed to the impact of modernization (access to school and modern health facilities) and the very poor system of sharing indigenous knowledge on medicinal plants with the younger generation.

It is obvious that those educated people consider traditional use of medicinal plants as harmful and backward and prefer to go to modern health facilities. Although those illiterate informants, prefer to use TMPs from healers because its cost is cheap (Table 6).The finding is similar for other cultural groups in Ethiopia [29, 30, 32, 34-36].

Almost all (54.54%) of respondents developed their knowledge by direct observation from practitioners and others (40.90%) by listening, (3.53%) by trial and error and the rest (1.01%) by observing animals (Table 6) similarly, the result of previous study revealed similar findings [23, 37].

Medicinal plant knowledge, use and transfer of knowledge to the young generation could be affected by religious, beliefs, modernization, acculturation, and environmental change [36-39]. Ethnomedicinal knowledge diminishes with death of elderly knowledgeable members of the community since only a few young people are willing to acquire the knowledge [29]. In a similar fashion, the respondents in the study site also reported that the transmission of traditional knowledge is disrupted, because of modernization and rapid changes in people's lifestyle. Indigenous people revealed that gathering and processing of many medicinal plants were restricted to traditional medicinal practitioners and their trainees. At family level, it is restricted to the elders followed by elder son or daughter or their trustworthy person when the mother or the father is getting old or near to die [29]. First-born children in the family are the main holder of responsibility in keeping the information and they are successor of their parents as well. Few others share to trustworthy and lovely neighbors and other blood relation persons. Exchange and knowledge sharing are also common among intimate key informants. The death of elderly custodians of certain traditional knowledge will mean loss of certain practices unless they are passed on to younger generations since folk knowledge among the wonch people like many traditional tribes, is orally transmitted.

It is observed that more than in oral or written communication skill transfer of knowledge system is in their beliefs and norms. However, in the study area, knowledge has been transferred from one generation to the next through the interaction of the communities.

A major problem observing during the study was that few of highly traditional skilled and knowledgeable persons are rigid to tell information even if, their knowledge was shared to the researcher by following different ethnobotanical methods. This is because, first, it is a means of income generation and their livelihood depends on the income they get out of it. Second, they believe that the medicinal plant is less effective in treating a certain ailment if everybody knows it. On the other hand, most of the time knowledgeable persons were locally said to be 'mortuu'and

or 'Xonquyii'. They were also condemned as 'sir mash' (root excavators), and 'ballasabduu'(leaf collector). Because of the above mentioned difficulties, the traditional medicine practitioners had forced to keep their knowledge and practices in secret. Nevertheless, farmers, students and other educated inhabitants are free to secrete out the information.

In comparison with males, females are sensitive and afraid of the taboo words forwarded by the local people. That is why the number of female informants in the study area was less than males'. This is consistent with previous study [30, 39, 40].

Table-6. knowledge Transfer and ways of development of traditional plant medicine use knowledge

Transfer of TPMU knowledge			Development of traditional plant medicine use knowledge		
Sources	Number of informants	Percentage (%)	Way	No.of informants	Percentage (%)
Parent	120	60.60	Direct observation	108	54.54
From friends	37	18.68	Listening	81	40.90
Other knowledgeable elders	41	20.70	Trial and error	7	3.53
			Observing animals	2	1.01

*TPMU: traditional medicinal plant use.

4. Conclusion and Recommendations

4.1. Conclusion

A study on medicinal plant indigenous knowledge in the area revealed that different level of knowledge with regard to traditional plant medicine use, i.e. difference in age, sex, work and education level has impact on the knowledge of the use of traditional plant medicine. Moreover, the result of this study revealed that, the knowledge of community about traditional plant medicine use is believed to be decline from time to time. Most medicinal plants collected and identified were herbs and all plant parts were used for preparation of remedies. However, the use of medicinal plants for multiple purposes is leading to depletion in an alarming rate. This is worthy because of some of the uses (Agricultural expansion, firewood, construction, forage, charcoal.) are the major destructive.

Threats that erode indigenous knowledge usually comes from secrecy, oral-based knowledge transfer, the unwillingness of young generation to gain the knowledge, unavailability of the species, the influence of modern education and awareness factors are the major ones.

The results of this study also showed that cultivation of plant species in and around home gardens for different purposes have great contribution to the conservation of medicinal plants and the associated knowledge.

4.2. Recommendations

- ❖ Based on the results of the study, the following recommendations are forwarded to the responsible stakeholders.
- ❖ Integrated conservation and management program on medicinal plants focused on awareness development and active involvement of local community, governmental and non governmental bodies shall be practiced in the district.
- ❖ Raising awareness of community especially young generation on the traditional medicinal plants use and hence, documentation of the medicinal plants of the area needs to be continued.
- ❖ Avoid uprooting of the plant species for medicinal purpose particularly before its flowering, fruiting and/seeding. If possible, it is better to use other parts of the medicinal plants such as leaves instead of root to protect them from the risk of extinction
- ❖ Establishing traditional healers associations by providing supports like land, fund and assistances for cultivations of medicinal plants in the district would help to conserve medicinal plants and to transfer knowledge.
- ❖ The government should create possible conditions and include to the teaching curricula about traditional plant medicine use/enhance collaboration of traditional medicine with modern/
- ❖ The insights of religious institution and health care institution should be positive and work together with traditional healers who treat by using traditional medicinal plant medicine.

Abbreviations

IK: Indigenous knowledge, MM: Modern Medicine, MP: Medicinal plants TM:Traditional Medicine, TPMU :Traditional medicinal plant use

Declarations

Ethical Approval

Written ethical clearance was obtained from the Research and Ethical committee of the Department of Biology Gondar University. A formal letter was written to Wonci district health and agricultureoffice from department of Biology. On the basis of this, permission was obtained from the district health and agriculture office and each kebele administration to conduct the study. Written informed consent was sought and obtained from every participant who decided to take part in the study. They were assured about the confidentiality of their responses.

Consent for Publication

Not applicable

Availability of data and materials

The datasets used and/or analyzed during the current study available from the corresponding author on reasonable request.

Competing Interests

The authors declare that they have no financial and non financial competing interests.

Author contributions

GM was involved in the conception, design, analysis, interpretation, report and manuscript writing. KZ was involved in the design, analysis, interpretation and manuscript writing. Both authors read and approved the final manuscript and agree to be accountable for all aspects of the work.

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Appendix-1. List of the medicinal plant families and corresponding number of genera and species in the study area

No.	Family	No. of genera	No. of plant species	No	Family	No. of genera	No. of plant species
1.	Acanthaceae	1	1	27	Menispermaceae	1	1
2.	Alliaceae	1	2	28	Myrsinaceae	2	2
3.	Aloaceae	1	1	29	Myrtaceae	3	3
4.	Amaranthaceae	1	1	30	Oleaceae	2	2
5.	Anacardiaceae	1	1	31	Pedaliaceae	1	1
6.	Apiaceae	1	1	32	Phytolaccaceae	1	1
7.	Apocynaceae	1	1	33	Pittosporaceae	1	1
8.	Asparagaceae	1	1	34	Plantaginaceae	1	1
9.	Asteraceae	6	7	35	Polygonaceae	1	3
10.	Boraginaceae	2	2	36	Ranunculaceae	2	2
11.	Brassicaceae	2	3	37	Rhamnaceae	2	2
12.	Cactaceae	1	1	38	Rosaceae	3	3
13.	Caricaceae	1	1	39	Rubiaceae	1	1
14.	Cucurbitaceae	3	3	40	Rutaceae	2	2
15.	Cupressaceae	2	2	41	Salicaceae	1	1
16.	Ericaceae	1	1	42	Santalaceae	1	1
17.	Euphorbiaceae	5	5	43	Sapindaceae	1	1
18.	Fabaceae	4	4	44	Scrophulariaceae	1	1
19.	Flacourtiaceae	1	1	45	Simaroubaceae	1	1
20.	Hypericaceae	1	1	46	Solanaceae	5	6
21.	Lamiaceae	4	5	47	Sterculiaceae	1	1
22.	Lineaceae	1	1	48	Urticaceae	2	2
23.	Lobeliaceae	1	1	49	Verbenaceae	1	1
24.	Loganiaceae	1	1	50	Vitaceae	1	1
25.	Malvaceae	2	2	51	Zingiberaceae	1	1
26.	Meliaceae	1	1				